

Newsletter

October 2025

Our next half day closure for whole team training is on the following date:

Wed 15 Oct 2025

We will reopen at 1:30pm and ask that you only contact us with medically urgent matters on that day, which we will be able to see in the afternoon, or if very urgent in the morning when closed

Christmas & New Year opening hours:

Thurs 25th Dec: Closed

Fri 26th Dec: Closed

Thurs 1st Jan: Closed

We will be open as usual during all other dates in December.

Don't forget to order your repeat prescriptions in advance over the festive period.

Staff News

We would like to extend our heartfelt thanks to the GP Registrars who have recently completed their training with us. Their dedication, hard work and commitment to patient care has made a real difference and we wish them every success in the next stage of their careers.

A warm welcome to Dr's Mumby, Pande and Murray, the new registrars who have joined our team! We're excited to have them on board and look forward to working together to provide excellent care to our patients.

We are also delighted to welcome Dr James Beanland, who has joined us as a salaried GP after relocating from Gloucester, and Anna Goodman who joins us as our first contact physiotherapist. We're thrilled to have them both as part of the team!

We also say goodbye to Meg and Elisha from our Dispensary team, who are moving on to pursue exciting new opportunities. We thank them for their contributions and the positive impact they've had on the practice. We wish them all the very best in their new adventures.

Autumn/Winter Vaccination Clinics – Flu and COVID 19

As the colder months approach, we want to help keep our community stay well this winter. We are inviting eligible patients to book their seasonal flu and COVID-19 vaccinations. Eligibility guidelines have changed this year.

Flu: For those aged 65+, people with certain long-term conditions, care home residents, carers (including those receiving Carer's Allowance), pregnant women, children aged 2-3 years (as of 31st August 2025), and people living with someone who has a weakened immune system.

COVID-19: for those aged 75+, people who are severely immunosuppressed, and care home residents.

Clinic Dates (Saturdays)

4th, 11th and 18th October

If you're unsure regarding your eligibility you can make enquiries via our online service Klinik and select the 'COVID Booster' or 'Flu clinics' options.

Join our Patient Participation Group

A Patient Participation Group (PPG) is a friendly group of patients who work together with our GP surgery to make things better for everyone.

Our PPG Mission Statement:

Our mission is to strengthen the partnership between patients and the GP surgery by providing a supportive, constructive space for open communication and collaboration.

We aim to:

- Represent the patient voice and share feedback to help improve services.
- Promote understanding of healthcare changes and local initiative.
- Support the practice in delivering high-quality, patient-centered care.
- Encourage community engagement, health awareness and wellbeing.

By joining the PPG, you get to:

- Share your ideas and feedback
- Help us plan improvements and new ways to support you.
- Hear about important news and events firsthand.
- Make a difference to your community.
- Meet other patients who care about our community's health.

Whether you have lots of ideas or just want to listen and learn, the PPG is a great way to get involved and make a difference.

Interested? We'd love to hear from you! Just ask at reception or email us at:

ciosicb.praze-letters@nhs.net to find out more.

Together we can make our surgery an even better place for you and your family.

In The Spotlight

We are excited to launch a brand-new section to our newsletter called **'In the Spotlight'** – where we'll be shining a light on the amazing people who make our GP Surgery such a special place!

Each issue, we'll introduce you to one of our wonderful team members – from doctors and nurses to receptionists, dispensers and wider support staff. You'll get to know their role, what they love about working here and maybe a fun fact or two!

Why? Because behind every great surgery is a fantastic team and we want you to feel connected to the friendly faces who care for you every day.

First to brave the spotlight is Dr Spencer Quick.



"Originally from Camborne, I studied at Camborne School before going on to study medicine at Bristol University. After completing my GP training in Torbay, I returned to Cornwall in 2013.

I joined the surgery in 2014 as a salaried GP alongside Dr J Ellery and Dr H Fairlie, and in April this year, I was delighted to become part of the Godolphin Health Partnership with Drs R and L Burkimsher.

I am passionate about working in and contributing to the local community, with a strong focus on providing continuity of care through our excellent primary care team.

My clinical interests include joint injections, GP training and involvement in clinical research.

Outside of work I enjoy spending time with my family and dog, as well as running, coastal walks and water-based activities."



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www.godolphinhealth.co.uk
Contact us via the Klinik
online system open
07:30-11:00 and 2:00-4:00

Please call 111 for assistance out of hours

01209 831386
Phone lines for routine
appointments are
open 09:30-12:00 and
2:30-5:00.